Relevant Studies: Weight Bias at Home

In your advocacy efforts, it is important to have evidence-based knowledge and tools. For brainstorming your own strategies and ideas, consider learning more in-depth about the scientific evidence highlighting the importance of weight bias and weight-based bullying in our youth’s health. Below is a reference list of the scientific articles used in developing *Action 101!: Weight Bias at Home*.


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*November 2013*


